



ripple effect

# HORSEBACK ADVENTURES

- Feeling **OVERWHELMED**?
- Need more **BALANCE** in your **LIFE**?
- Or are you just **STRUGGLING** to find **DIRECTION**?

Wouldn't it be great if you could learn to balance your personal and professional life and excel in both!

At Ripple Effect we believe we can help you with our **UNIQUE** Horseback Corporate Adventures!

Why Unique? Imagine this: You're out of the office, atop a horse in the midst of a rainforest (no previous riding experience is necessary). **RIDE** whilst enjoying the pristine beauty of the Queensland bush. Then **RELAX** in a stress-free environment enjoying superb food and stimulating conversation aimed at renewing and balancing your lifestyle. There will be plenty of time for you to **REFLECT** on your current work/life situation and learn the skills that will assist you to cope with stress and difficult relationships.

## Excited?

To sum it up we are offering a work-life balance and stress management outdoor adventure workshops of benefit to yourself, your family and your organisation.

If you would like to achieve even one of the possible benefits listed below, be sure to contact us!

- Enjoy increased self-satisfaction
- Build a culture of commitment, enthusiasm and achievement
- Link your personal and professional goals to those of your team and organisation
- Build a culture of "self responsibility"
- Increase both your professional and personal productivity
- See clearly your personal purpose and goal clarity and your achievements

Obviously our 3 day programmes (we believe to be the first of their kind in Australia) are limited - to only 8 places per adventure. To apply or to find out more information please call or email us.

**So stop struggling and start balancing your life!**

**CALL: (07) 3289 5338 or email [denis@rippleeffect.com.au](mailto:denis@rippleeffect.com.au)**



ride relax reflect renew